## SCIENCE OF DIVING

#### Final Exam | A | English-Metric

Instructions: Select the best answer from the choices below. Mark your answer on an SSI 100-Question Answer Form.

- 1. For every meter of depth in fresh water, pressure increases by:
  - A. 0.100 bar
  - B. 0.013 bar
  - C. 1.03 bar
  - D. 0.098 bar
- 2. The greatest expansion or compression per meter happens in which depth area?
  - A. 30m to 20m
  - B. 40m to 30m
  - C. 20m to 10m
  - D. First 10 meters
- Which physical law states: "If temperature remains constant, the pressure and volume of any gas are inversely related.
  - A. Dalton
  - B. Henry
  - C. Boyle
  - D. Archimedes
- 4. The absolute pressure at a depth of 50 meters in salt water is:
  - A. 6.000 bar
  - B. 5.000 bar
  - C. 5.012 bar
  - D. 5.901 bar
- 5. Breathing gas consumption:
  - A. Decreases as depth increases
  - B. Increases as depth increases
  - C. Remains the same as depth increases
  - D. Varies inversely with depth

- 6. What would be the surface air consumption rate (SAC) of a diver with a 200bar, 10 liter cylinder who uses 50bar in 10 minutes at a depth of 10 meters in the ocean?
  - A. 25 liters / minute
  - B. 50 liters / minute
  - C. 35 liters / minute
  - D. 10 liters / minute
- 7. A diver and his / her equipment weigh 87 kg when neutrally buoyant in saltwater. To be neutrally buoyant for freshwater diving with the same equipment, he /she has to:
  - A. Add weight
  - B. Use the same weight
  - C. Remove weight
  - D. All answers are correct
- 8. If 2 liters of air are needed in your buoyancy compensator to maintain neutral buoyancy at 10m in the ocean, what will happen to your buoyancy if you ascend 3 m without deflating:
  - A. Your negative buoyancy will increase
  - B. There will be no change in buoyancy
  - C. You will stay neutral no matter if you ascend or descend
  - D. Your positive buoyancy will increase
- At an altitude of about 5,000 meters, the atmospheric pressure is approximately:
  - A. One half the atmospheric pressure at sea level
  - B. Twice the atmospheric pressure at sea level
  - C. One eighteenth the atmospheric pressure at sea level
  - D. Equal to the atmospheric pressure at sea level

- 10. How much breathing gas does a 15 Liter scuba cylinder contain if the filling pressure is 150 bar? The temperature remains constant!
  - A. 3000 bar liters
  - B. 2000 bar liters
  - C. 2250 bar liters
  - D. 750 bar liters
- 11. If the volume of a gas is kept constant, what varies directly with temperature?
  - A. The pressure
  - B. The mixing
  - C. The volume
  - D. All answers are correct
- 12. The partial pressure law (Dalton) requires the sum of the partial pressures to always be equal with which pressure?
  - A. Hydrostatic
  - B. Atmospheric
  - C. Absolute
  - D. All answers are correct
- 13. Assuming a maximum partial pressure limitation of 1.4bar, the maximum MOD for a 40% nitrox mixture in the ocean is:
  - A. 25 meters
  - B. 40 meters
  - C. 0.035 meters
  - D. 20 meters
- 14. Sound travels differently in water than in air. The major difference is that it travels:
  - A. Approximately 4 times slower
  - B. Approximately 2 times faster
  - C. Approximately 4 times faster
  - D. Approximately 10 times faster



- 15. Objects do not appear the same in the underwater environment as they do on land. There are some major factors that influence this difference in appearance. These are:
  - A. Absorption and Diffusion only
  - B. Turbidity and Diffusion only
  - C. Refraction and Absorption only
  - D. Refraction, Absorption, Diffusion and Turbidity
- 16. Light changes speed underwater, because it travels from the water through the glass of the diver's mask and the air pocket in front of the eyes. This gives a magnification factor of \_\_\_\_\_ to the objects we see underwater.
  - A. 50%
  - B. None
  - C. 33%
  - D. 100%
- 17. The cardiovascular system consists of these three major components:
  - A. Heart (pump), Blood (transport medium), Blood vessels (plumbing)
  - B. Sinuses and Lungs only
  - C. Alveoli, Veins and lungs only
  - D. Right Atrium, left Atrium and Arteries only
- 18. A lung rupture can occur with overpressurization in water as shallow as:
  - A. 1.2m
  - B. 5.0m
  - C. 3.5m
  - D. 4.0m
- 19. As you are diving deeper, the narcotic effect of nitrogen is getting:
  - A. Less
  - B. Consistent
  - C. No answer is correct
  - D. Greater

- 20. Which of the following statements concerning heat stroke is not true?
  - A. The skin is hot
  - B. Heat stroke is an extremely serious condition
  - C. The pulse is rapid
  - D. Perspiration is profuse
- 21. How many pairs of sinuses does a person have?
  - A. Two
  - B. Six
  - C. Four
  - D. Eight
- 22. Which of the following is not a symptom of decompression sickness?
  - A. Weakness
  - B. Extreme fatique
  - C. Cyanosis (bluish skin color)
  - D. Tingling or numb extremities
- **23.** Hypothermia means a lower than normal:
  - A. Total body temperature
  - B. Body extremity temperature
  - C. Body core temperature
  - D. Body skin temperature
- **24.** A physiological condition called a squeeze occurs when:
  - A. The pressure on the inside of an air space is greater than the external pressure
  - B. The pressure on the inside of an air space is increasing to equalize with the external pressure
  - C. The pressure on the outside of an closed air space is greater than the internal pressure
  - D. None of the answers are correct
- 25. Permanent hearing loss, vertigo and ringing in the ear are most likely to be the result of a ruptured:
  - A. Eardrum
  - B. Round and/or Oval Window
  - C. Eustachian Tube
  - D. Semicircular Canal

- **26.** The primary symptom of ear squeeze in its initial phase is:
  - A. A pressure that will progress to severe pain if equalization is not completed
  - B. A pulling sensation in the chest
  - C. Joint and limb pain
  - D. Rapid, shallow, inefficient breathing
- 27. There are several over-expansion injuries or injuries caused by air expanding in the lungs beyond their capacity to stretch that you should be aware of so that you can avoid them while diving. These are:
  - A. Decompression Sickness, Barotrauma
  - B. Hypothermia, Hypoxia, Hyperoxia
  - C. Air Embolism, Mediastinal Emphysema, Subcutaneous Emphysema, Pneumothorax
  - D. Decompression Sickness, Arterial Gas Embolism and rupture of the Oval Window
- 28. If you have difficulty equalizing pressure in your ears/sinuses while descending, you should:
  - A. Return to the surface and reinitiate the descent
  - B. Ascend 2 meters and force equalization
  - C. Stop and wait until the discomfort subsides
  - D. Ascend until the pressure is relieved and then attempt equalization
- 29. Even if a diver suffers from Decompression Sickness in a remote location, you should never:
  - A. Transport the diver to a treatment facility even if that involves considerable delay
  - B. Provide oxygen first aid and watch vital signs
  - C. Provide water to drink
  - D. Recompress the diver underwater



## 30. Hypoxic hypoxia is by far the most common form of hypoxia. This condition is:

- A. Where the partial pressure of oxygen in the arterial blood is too low
- Where the partial pressure of nitrogen in the arterial blood is too low
- C. Where the partial pressure of oxygen in the arterial blood is too high
- D. Where the partial pressure of Nitrogen in the arterial blood is too high

# 31. When oxygen pressure in the body drops below a ppO<sub>2</sub> of 0.17 bar, mild symptoms of hypoxia occur. Blackout and death may occur if the ppO<sub>2</sub> drops to:

- A. 0.21 bar
- B. 0.05 bar
- C. 1.6 bar
- D. 0.10 bar

### **32.** The most likely source of carbon monoxide in scuba cylinders is:

- A. All answers are correct
- B. Improperly located intake on air compressor
- C. Improperly maintained air compressor
- D. Oil vapors in the air compressor

# 33. The first acceptable scientific approach to decompression was performed by:

- A. J.S. Boyle
- B. J.S. Archimedes
- C. J.S. Haldane
- D. J.S. Dalton

# 34. Tissue half-time is a method used to describe the time necessary to allow the amount of gas in a particular tissue to change by:

- A. 50%
- B. 100%
- C. 33%
- D. 75%

# 35. At sea level, human body tissues are saturated with nitrogen at a partial pressure equal to:

- A. The absolute pressure of air at sea level
- B. The hydrostatic pressure of water at sea level
- C. The partial pressure of the gas in alveolar air
- D. The gauge pressure of the gas in the lungs

## **36.** The amount of a gas which dissolves in a liquid is proportional to:

- A. The gauge pressure of the gas mixture at sea level
- B. The partial pressure of that gas
- C. The water temperature
- D. The amount of gas in the liquid

#### 37. The term "fast tissue" refers to:

- A. The ascent rate of the diver if he is too fast
- B. Not well-perfused tissues
- C. Slow tissues which will change on emergency ascents
- D. The rate at which they absorb and eliminate nitrogen

## 38. A dive is defined as a decompression dive only if you exceed the:

- A. Ascent rate
- B. No-decompression limits
- C. Descent rate
- D. Time at the safety stop

# **39.** The recommended depth and time that a diver should spend at a safety stop on all dives is:

- A. 5 meters / 3-5 minutes
- B. 10 meters / 1-3 minutes
- C. 5 meters / 15 minutes
- D. 9 meters / 3-5 minutes

## 40. According to the SSI Training Standards, diving at altitude is any dive:

- A. Below 1.000 meters
- B. Above 300 meters
- C. Above 1.000 meters
- D. Between 1.000 and 200 meters only

#### **41.** The process of desaturation begins if the diver:

- A. Starts descending
- B. Is performing a safety stop
- C. Starts ascending
- D. Is performing a decompression stop

## **42.** Recreational divers control the desaturation process by:

- A. Executing a 18m per minute ascent and making a 3-5 minute safety stop at 5m
- B. Executing a 9m per minute ascent and making stage decompression stops with gas change
- C. Watching their dive computer
- D. Executing a 9m per minute ascent and making a 3-5 minute safety stop at 5m

#### 43. On desaturation, the inert gas diffuses from the tissues into the bloodstream, from the blood into the alveolar air, and then:

- A. Back into the blood stream
- B. Out of the body with each exhalation
- C. Into the sensor of the dive computer
- D. Through the lung tissues into the mediastinum

#### 44. Gases may separate out of solution to form bubbles which could lead to DCS if the diver:

- A. Exceeds the non-decompression limits
- B. Makes a longer than normal safety stop
- C. Exceeds the ascent rate on rapid or uncontrolled ascents
- D. Is performing decompression stops



- 45. A surface interval is recommended after daily, multiple dives over several days or dives that require decompression stops. SSI recommends staying out of the water for:
  - A. Less than 24 hours
  - B. More than 24 hours
  - C. Exactly 24 hours
  - D. 12 hours
- **46.** Multi-level dives, in general, are those where:
  - A. Divers spend time at progressively deeper depths during the dive, which allows extended bottom time
  - B. Divers spend time at progressively shallower depths during the dive, which allows extended bottom time
  - C. Divers spend time at progressively shallower depths during the dive, which allows less bottom time
  - D. All of the answers are correct
- **47.** The closer to the limits a computer has been pushed, the more:
  - A. Cautious a diver should be
  - B. Safe a diver will be
  - C. Deep the diver will be on the next dive
  - D. Often the computer needs maintenance
- 48. Doppler ultrasound equipment was used to detect the presence of bubbles which are thought to precede Decompression Sickness. These bubbles are called:
  - A. Silent bubbles
  - B. Noisy bubbles
  - C. Air bubbles
  - D. None of the answers are correct
- **49.** The most comfortable, convenient and enjoyable way to dive is:
  - A. With your dive buddy
  - B. In warm water
  - C. With your own professionallyfitted Total Diving System
  - D. In clear waters

- 50. To avoid having to sit out dives, divers should always be prepared with a:
  - A. Spare cylinder
  - B. Second Total Diving System
  - C. Complete second delivery system
  - D. Extensive spare parts kit
- **51.** All cylinders filled with anything other than air must be:
  - A. Clearly marked
  - B. Only used once
  - C. Rinsed off before filling
  - D. Rented from an SSI Dive Center
- **52.** The task of the first-stage of a regulator system is quite simply to:
  - A. Reduce high-pressure air coming from the cylinder to a consistent intermediate pressure
  - B. Increase high-pressure air coming from the cylinder
  - Reduce high-pressure air coming from the cylinder to an increased intermediate pressure
  - D. Increase the intermediate pressure
- 53. The SSI Equipment Service
  Program is a complete
  maintenance program designed
  to keep the components of a Total
  Diving System:
  - A. Clean and usable
  - B. Performing reliably and to the best of their potential
  - C. Stored at the dive center
  - D. All of the answers are correct
- 54. Because divers are not always in an upright position when they need to vent air, high-quality buoyancy compensators feature:
  - A. Several bladders to inflate independently
  - B. Several dump valves at different positions
  - C. Several Inflators (manual and automatic)
  - D. Automated vent-systems

- **55.** To replace the traditional weight belt, most modern buoyancy compensators have:
  - A. A harness
  - B. An inflator
  - C. Pockets
  - D. An integrated weight system
- 56. Once you have determined weight requirements, you must make certain that it is:
  - A. Colorful
  - B. Heavy
  - C. All fixed at one place
  - D. Properly distributed
- 57. All instruments must be readily accessible and the displays should be uncluttered and easy to read even in:
  - A. Freshwater
  - B. The ocean
  - C. Currents
  - D. Low light and poor visibility
- 58. Divers require accurate time, depth, ascent rate and pressure information to manage their dives. They must also be able to determine:
  - A. Water temperature
  - B. Direction of travel
  - C. Visibility
  - D. Current
- 59. Which suit provides a diver with the greatest degree of flexibility in maintaining proper body temperature?
  - A. Wetsuit
  - B. Dry Suit
  - C. Farmer John
  - D. Shorty with hood
- **60.** The thermal protection afforded by wetsuits and dry suits can be enhanced by the addition of:
  - A. Argon as inflation gas
  - B. Hot water inside the suit
  - C. Hoods, booties and gloves
  - D. Back plates and harnesses



### **61.** The SMB is used to communicate the diver's position to:

- A. His/her dive buddy
- B. Pilots
- C. Other dive groups underwater
- D. Topside personnel and boats

### **62.** The type of cutting device selected depends on the:

- A. Types of hazards that may be encountered
- B. Size of the sharks in the water
- C. Size of the wreck which you want to enter
- D. Type of current you are going to dive

#### 63. Although latest technology and good appearance are important, no aspect of equipment is more important than:

- A. Color
- B. Price
- C. Fashionable up-to-dateness
- D. Proper maintenance

#### 64. Many manufacturers state that a warranty will be voided if the equipment is taken apart or altered, or if parts are replaced by anyone other than:

- A. A Dive Professional
- B. A self trained technician
- C. The manufacturers themselves
- D. A factory-authorized technician

# 65. Understanding "scuba oceanography" is important for divers, because understanding water conditions aids in:

- A. Trip planning
- B. Equipment set up
- C. Dive planning and dive mastering
- D. Emergency ascents

## **66.** SSI recommends that divers do not swim in a current faster than:

- A. Two knots
- B. 0.5 knots
- C. 0.1 knots
- D. One knot

#### **67.** The size of waves is measured on the:

- A. Horizontal distance from the crest (top) of a wave to the next wave crest
- B. Vertical distance from the crest (top) of a wave to the trough (bottom)
- C. Horizontal distance from the trough (bottom) of a wave to the next wave bottom
- D. Vertical distance from the crest (top) of a wave to the bottom of the ocean

## 68. Near shore, the best time for diving would probably be during periods of:

- A. Sunshine
- B. Clear water
- C. Minimal exchange of water between the tides
- D. Warm water

#### 69. Since most of the substrate contains various forms of living organisms, divers need to take painstaking care not to:

- A. Be closer than 10 meters/30 ft
- B. Trample anything
- C. Be negatively buoyant
- D. Dive in areas with living organisms

#### 70. A helpful dive professional will inform divers at the pre-dive briefing of what potential aquatic species may be encountered and:

- A. How they are easiest to avoid
- B. Where they are likely to be encountered
- C. How dangerous they are
- D. How they can breed

# 71. Which plants make up more than 99% of the bulk of the plants produced in the oceans?

- A. Seaweeds
- B. Grasses
- C. Phytoplankton
- D. Corals

## **72.** If a diver is injured by harmful sea life, it is usually because of:

- A. The diver's negligence
- B. The diver's ignorance
- C. The diver's aggressive behavior
- D. All answers are correct

### **73.** Reef building corals grow best at a temperature range between:

- A. 18° to 25°
- B. 0° to 30°
- C. 23° to 29°
- D. 30° to 40°

## 74. The dinoflagellates and diatoms are the two major groups of:

- A. Zooplankton
- B. Corals
- C. Mollusks
- D. Phytoplankton

# 75. Group management procedures should include a warning to divers to be careful when moving about on land, especially on rocks at the water's edge, to avoid:

- A. Damaged equipment
- B. Injuries by the environment
- C. Lost equipment
- D. Injuries through your buddy

#### 76. Soft bodied animals without "backbone" found in the waters of the world have a scientific category called:

- A. Invertebrates
- B. Biospheres
- C. Cnidarians
- D. Diatoms

## **77.** The creatures capable of inflicting injury will do so only:

- A. Offensive
- B. Defensively
- C. At night
- D. On purpose



78. These are venomous fish that can camouflage exceedingly well with their background, and their behavior of remaining motionless	<b>84.</b> Assuming a maximum partial pressure limitation of 1.4 bar, the maximum depth for a 32% nitrox mixture is of seawater.	90. A Buoyancy Control System enables you to react quickly to changing conditions while providing sufficient:	
make them difficult to spot:	A. 20 m	A. Comfort	
A. The Scorpionfish and Stonefish	B. 33.7 m	B. Styling	
B. The Blue Tang and the Eels	C. 43.7 m	C. Clips	
C. Sharks and Rays	D. 66 m	D. Lift capacity	
D. Barracudas and Groupers			
79. The stinging mechanisms of jellyfish are located:	85. Nitrogen narcosis begins to affect the average diver at a depth of:	breathing gases made of oxygen/ nitrogen mixes with the oxygen percentage higher than%.	
• •	A. 12-14 meters		
A. On the epidermis	B. 24-36 meters		
B. On the gastrodermis	C. 30-42 meters	B. 40	
C. On the mesoglea	D. 18-30 meters	C. 21	
D. On the tentacles  80. Although all corals contain stinging cells, one group is the most troublesome to divers. These are called:	86. The recommended method to avoid sinus squeezes and reverse blocks is to:	D. 32  92. The most common flags used	
	A. Only use decongestants that do not produce side effects	to show the location of divers underwater are the:	
A. Brain corals B. Fire corals	B. Dive only when your sinuses are healthy and clear	A. Beta flag and the look-out-below flag	
C. Soft corals	C. Forcibly equalize the pressure in your sinuses every few meters	B. Alpha flag and the safe boaters flag	
D. Leather corals	D. Ascend and descend slowly to allow gradual equalization	C. Recreational diver's flag and the beta flag	
81. The absolute pressure at a depth of 40 meters in salt water is:		D. Recreational diver's flag and the alpha flag	
A. 4.084 bar	A. Provide oxygen first aid	93. A strong current moving away from	
B. 5.000 bar	B. Transport the diver to a	shore through a narrow opening is called a:	
C. 5.012 bar	treatment facility even if that	A. Rip tide	
D. 4.852 bar	involves considerable delay	B. Surge tide	
82. The ocean depth at which the	C. Provide water to drink	C. Longshore current	
partial pressure of oxygen in air	D. All answers are correct	D. Transitory current	
equals 1.6 bar is meters assuming $O_2 = 21\%$ .	88. The percentage of oxygen needed in a gas mixture for a diver to	94. An incoming tide is called a	
B. 70	maintain consciousness at sea level is:	and an outgoing tide is called an	
C. 55	A. 5%	A. Rush; flow	
	B. 10%	B. Flood; ebb	
D. 66	C. 16%	C. Flow; rush	
83. Breathing 0.5% carbon monoxide	D. 20%	D. Ebb; flood	

89. The regulators that you use for

A. Expensive

B. Cumbersome

C. Hard to findD. Life support

your diving adventures are truly
"\_\_\_\_" equipment.

at a depth of 40m in the ocean is equivalent to breathing \_\_\_\_% of

carbon monoxide at the surface.

A. 2.5 B. 2.0

C. 0.5

D. 0.25



new group designation?	
A. A	
В. В	
C. C	
D. D	
98. After a surface interval, you are a D diver. You wish to make a dive to 13 meters. What is your Residual Time (RT)?	
A. 45	
B. 33	
C. 21	
D. 29	
99. What would your minimum surface interval be if you wanted to make two dives to 18 meters for 30 minutes each?	
A. 1:16	
B. 2:00	
C. 2:29	
D. 2:39	
100. What is the maximum allowed time on a dive to 16 meters after a dive to 22 meters for 30 minutes and a 1:45 surface interval?	
A. 45 minutes	
B. 35 minutes	
C. 20 minutes	
D. 30 minutes	SCUBA SCHOOLS INTERNATIONAL
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**95.** Sponges can be recognized by the presence of \_\_\_\_\_, attesting to the circulation of water throughout

**96.** A current may flow one direction at the surface and in the opposite direction a few meters beneath the

**97.** After a 2:45 minute surface interval as a group D diver, what is your

their bodies.

A. Bumps

B. Leaves

C. Branches

D. Holes

A. True
B. False
C.
D.

## SCIENCE OF DIVING

#### Final Exam | B | English-Metric

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  - C. Body skin temperature
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  - A. Sinuses and Lungs only
  - B. Alveoli, Veins and lungs only
  - C. Heart (pump), Blood (transport medium), Blood vessels (plumbing)
  - D. Right Atrium, left Atrium and Arteries only
- 22. Permanent hearing loss, vertigo and ringing in the ear are most likely to be the result of a ruptured:
  - A. Eardrum
  - B. Eustachian Tube
  - C. Round and/or Oval Window
  - D. Semicircular Canal
- 23. Even if a diver suffers from Decompression Sickness in a remote location, you should never:
  - A. Transport the diver to a treatment facility even if that involves considerable delay
  - B. Provide oxygen first aid and watch vital signs
  - C. Recompress the diver underwater
  - D. Provide water to drink
- 24. If you have difficulty equalizing pressure in your ears/sinuses while descending, you should:
  - A. Return to the surface and reinitiate the descent
  - B. Ascend 2 meters and force equalization
  - C. Ascend until the pressure is relieved and then attempt equalization
  - D. Stop and wait until the discomfort subsides

- **25.** The most likely source of carbon monoxide in scuba cylinders is:
  - A. Improperly located intake on air compressor
  - B. All answers are correct
  - C. Improperly maintained air compressor
  - D. Oil vapors in the air compressor
- 26. There are several over-expansion injuries - or injuries caused by air expanding in the lungs beyond their capacity to stretch - that you should be aware of so that you can avoid them while diving. These are:
  - A. Air Embolism, Mediastinal Emphysema, Subcutaneous Emphysema, Pneumothorax
  - B. Decompression Sickness, Barotrauma
  - C. Hypothermia, Hypoxia, Hyperoxia
  - D. Decompression Sickness, Arterial Gas Embolism and rupture of the Oval Window
- 27. A lung rupture can occur with overpressurization in water as shallow as:
  - A. 5.0m
  - B. 3.5m
  - C. 1.2m
  - D. 4.0m
- **28.** The primary symptom of ear squeeze in its initial phase is:
  - A. A pulling sensation in the chest
  - B. Joint and limb pain
  - C. Rapid, shallow, inefficient breathing
  - D. A pressure that will progress to severe pain if equalization is not completed
- 29. Which of the following statements concerning heat stroke is not true?
  - A. The skin is hot
  - B. Heat stroke is an extremely serious condition
  - C. The pulse is rapid
  - D. Perspiration is profuse



## 30. Hypoxic hypoxia is by far the most common form of hypoxia. This condition is:

- A. Where the partial pressure of oxygen in the arterial blood is too low
- Where the partial pressure of nitrogen in the arterial blood is too low
- C. Where the partial pressure of oxygen in the arterial blood is too high
- D. Where the partial pressure of Nitrogen in the arterial blood is too high

### **31.** How many pairs of sinuses does a person have?

- A. Two
- B. Six
- C. Eight
- D. Four

## **32.** A physiological condition called a squeeze occurs when:

- A. The pressure on the outside of an closed air space is greater than the internal pressure
- B. The pressure on the inside of an air space is greater than the external pressure
- C. The pressure on the inside of an air space is increasing to equalize with the external pressure
- D. None of the answers are correct

# 33. On desaturation, the inert gas diffuses from the tissues into the bloodstream, from the blood into the alveolar air, and then:

- A. Back into the blood stream
- B. Into the sensor of the dive computer
- C. Out of the body with each exhalation
- D. Through the lung tissues into the mediastinum

# 34. Tissue half-time is a method used to describe the time necessary to allow the amount of gas in a particular tissue to change by:

- A. 50%
- B. 100%
- C. 33%
- D. 75%

# 35. Doppler ultrasound equipment was used to detect the presence of bubbles which are thought to precede Decompression Sickness. These bubbles are called:

- A. Noisy bubbles
- B. Air bubbles
- C. Silent bubbles
- D. None of the answers are correct

### **36.** The closer to the limits a computer has been pushed, the more:

- A. Safe a diver will be
- B. Cautious a diver should be
- C. Deep the diver will be on the next dive
- D. Often the computer needs maintenance

## 37. The recommended depth and time that a diver should spend at a safety stop on all dives is:

- A. 10 meters / 1-3 minutes
- B. 5 meters / 15 minutes
- C. 9 meters / 3-5 minutes
- D. 5 meters / 3-5 minutes

# **38.** At sea level, human body tissues are saturated with nitrogen at a partial pressure equal to:

- A. The absolute pressure of air at sea level
- B. The partial pressure of the gas in alveolar air
- C. The hydrostatic pressure of water at sea level
- D. The gauge pressure of the gas in the lungs

#### **39.** Multi-level dives, in general, are those where:

- A. Divers spend time at progressively shallower depths during the dive, which allows extended bottom time
- B. Divers spend time at progressively deeper depths during the dive, which allows extended bottom time
- C. Divers spend time at progressively shallower depths during the dive, which allows less bottom time
- D. All of the answers are correct

#### 40. Gases may separate out of solution to form bubbles which could lead to DCS if the diver:

- A. Exceeds the non-decompression limits
- B. Exceeds the ascent rate on rapid or uncontrolled ascents
- C. Makes a longer than normal safety stop
- D. Is performing decompression stops

## **41.** The first acceptable scientific approach to decompression was performed by:

- A. J.S. Boyle
- B. J.S. Archimedes
- C. J.S. Haldane
- D. J.S. Dalton

## **42.** The amount of a gas which dissolves in a liquid is proportional to:

- A. The gauge pressure of the gas mixture at sea level
- B. The water temperature
- C. The amount of gas in the liquid
- D. The partial pressure of that gas

## 43. A dive is defined as a decompression dive only if you exceed the:

- A. Ascent rate
- B. No-decompression limits
- C. Descent rate
- D. Time at the safety stop

## **44.** Recreational divers control the desaturation process by:

- A. Executing a 18m per minute ascent and making a 3-5 minute safety stop at 5m
- B. Executing a 9m per minute ascent and making stage decompression stops with gas change
- C. Executing a 9m per minute ascent and making a 3-5 minute safety stop at 5m
- D. Watching their dive computer



#### **45.** The process of desaturation begins if the diver:

- A. Starts descending
- B. Starts ascending
- C. Is performing a safety stop
- D. Is performing a decompression stop

## 46. According to the SSI Training Standards, diving at altitude is any dive:

- A. Below 1.000 meters
- B. Above 300 meters
- C. Above 1.000 meters
- D. Between 1.000 and 200 meters only

#### 47. The term "fast tissue" refers to:

- A. The rate at which they absorb and eliminate nitrogen
- B. The ascent rate of the diver if he is too fast
- C. Not well-perfused tissues
- D. Slow tissues which will change on emergency ascents

# 48. A surface interval is recommended after daily, multiple dives over several days or dives that require decompression stops. SSI recommends staying out of the water for:

- A. More than 24 hours
- B. Less than 24 hours
- C. Exactly 24 hours
- D. 12 hours

#### 49. Which suit provides a diver with the greatest degree of flexibility in maintaining proper body temperature?

- A. Wetsuit
- B. Farmer John
- C. Dry Suit
- D. Shorty with hood

## **50.** All cylinders filled with anything other than air must be:

- A. Only used once
- B. Rinsed off before filling
- C. Rented from an SSI Dive Center
- D. Clearly marked

## **51.** The most comfortable, convenient and enjoyable way to dive is:

- A. With your own professionallyfitted Total Diving System
- B. With your dive buddy
- C. In warm water
- D. In clear waters

#### 52. To avoid having to sit out dives, divers should always be prepared with a:

- A. Extensive spare parts kit
- B. Spare cylinder
- C. Second Total Diving System
- D. Complete second delivery system

## 53. To replace the traditional weight belt, most modern buoyancy compensators have:

- A. A harness
- B. An integrated weight system
- C. An inflator
- D. Pockets

# 54. Many manufacturers state that a warranty will be voided if the equipment is taken apart or altered, or if parts are replaced by anyone other than:

- A. A Dive Professional
- B. A factory-authorized technician
- C. A self trained technician
- D. The manufacturers themselves

## **55.** The SMB is used to communicate the diver's position to:

- A. His/her dive buddy
- B. Pilots
- C. Other dive groups underwater
- D. Topside personnel and boats

#### 56. Although latest technology and good appearance are important, no aspect of equipment is more important than:

- A. Color
- B. Price
- C. Fashionable up-to-dateness
- D. Proper maintenance

# 57. All instruments must be readily accessible and the displays should be uncluttered and easy to read even in:

- A. Freshwater
- B. The ocean
- C. Currents
- D. Low light and poor visibility

# 58. The thermal protection afforded by wetsuits and dry suits can be enhanced by the addition of:

- A. Argon as inflation gas
- B. Hoods, booties and gloves
- C. Hot water inside the suit
- D. Back plates and harnesses

### **59.** The type of cutting device selected depends on the:

- A. Size of the sharks in the water
- B. Types of hazards that may be encountered
- C. Size of the wreck which you want to enter
- D. Type of current you are going to dive

## 60. Once you have determined weight requirements, you must make certain that it is:

- A. Colorful
- B. Heavy
- C. Properly distributed
- D. All fixed at one place

#### 61. Because divers are not always in an upright position when they need to vent air, high-quality buoyancy compensators feature:

- A. Several bladders to inflate independently
- B. Several Inflators (manual and automatic)
- C. Automated vent-systems
- D. Several dump valves at different positions



## **62.** The task of the first-stage of a regulator system is quite simply to:

- A. Reduce high-pressure air coming from the cylinder to a consistent intermediate pressure
- B. Increase high-pressure air coming from the cylinder
- C. Reduce high-pressure air coming from the cylinder to an increased intermediate pressure
- D. Increase the intermediate pressure
- 63. The SSI Equipment Service
  Program is a complete
  maintenance program designed
  to keep the components of a Total
  Diving System:
  - A. Clean and usable
  - B. Stored at the dive center
  - C. All of the answers are correct
  - D. Performing reliably and to the best of their potential
- 64. Divers require accurate time, depth, ascent rate and pressure information to manage their dives. They must also be able to determine:
  - A. Water temperature
  - B. Visibility
  - C. Current
  - D. Direction of travel
- **65.** The stinging mechanisms of jellyfish are located:
  - A. On the epidermis
  - B. On the gastrodermis
  - C. On the tentacles
  - D. On the mesoglea
- **66.** The size of waves is measured on the:
  - A. Horizontal distance from the crest (top) of a wave to the next wave crest
  - B. Horizontal distance from the trough (bottom) of a wave to the next wave bottom
  - C. Vertical distance from the crest (top) of a wave to the bottom of the ocean
  - D. Vertical distance from the crest (top) of a wave to the trough (bottom)

- **67.** The creatures capable of inflicting injury will do so only:
  - A. Offensive
  - B. Defensively
  - C. At night
  - D. On purpose
- **68.** Soft bodied animals without "backbone" found in the waters of the world have a scientific category called:
  - A. Biospheres
  - B. Cnidarians
  - C. Invertebrates
  - D. Diatoms
- **69.** Reef building corals grow best at a temperature range between:
  - A. 18° to 25°
  - B. 23° to 29°
  - C.  $0^{\circ}$  to  $30^{\circ}$
  - D. 30° to 40°
- 70. Near shore, the best time for diving would probably be during periods of:
  - A. Sunshine
  - B. Minimal exchange of water between the tides
  - C. Clear water
  - D. Warm water
- 71. These are venomous fish that can camouflage exceedingly well with their background, and their behavior of remaining motionless make them difficult to spot:
  - A. The Blue Tang and the Eels
  - B. Sharks and Rays
  - C. The Scorpionfish and Stonefish
  - D. Barracudas and Groupers
- **72.** The dinoflagellates and diatoms are the two major groups of:
  - A. Zooplankton
  - B. Corals
  - C. Mollusks
  - D. Phytoplankton

- **73.** If a diver is injured by harmful sea life, it is usually because of:
  - A. The diver's negligence
  - B. The diver's ignorance
  - C. All answers are correct
  - D. The diver's aggressive behavior
- 74. Although all corals contain stinging cells, one group is the most troublesome to divers. These are called:
  - A. Brain corals
  - B. Soft corals
  - C. Leather corals
  - D. Fire corals
- 75. Group management procedures should include a warning to divers to be careful when moving about on land, especially on rocks at the water's edge, to avoid:
  - A. Damaged equipment
  - B. Injuries by the environment
  - C. Lost equipment
  - D. Injuries through your buddy
- 76. Understanding "scuba oceanography" is important for divers, because understanding water conditions aids in:
  - A. Dive planning and dive mastering
  - B. Trip planning
  - C. Equipment set up
  - D. Emergency ascents
- 77. A helpful dive professional will inform divers at the pre-dive briefing of what potential aquatic species may be encountered and:
  - A. How they are easiest to avoid
  - B. Where they are likely to be encountered
  - C. How dangerous they are
  - D. How they can breed



<b>78.</b> SSI recommends that divers do not swim in a current faster than:	84. The regulators that you use for your diving adventures are truly "" equipment.	90. The ocean depth at which the partial pressure of oxygen in air equals 1.6 bar is meters
A. One knot	A. Expensive	assuming $O_2 = 21\%$ .
B. Two knots	B. Life support	A. 85
C. 0.5 knots	C. Cumbersome	B. 70
D. 0.1 knots		C. 55
79. Since most of the substrate	D. Hard to find	D. 66
contains various forms of living organisms, divers need to take painstaking care not to:	85. Nitrox is the term used to describe breathing gases made of oxygen/ nitrogen mixes with the oxygen percentage higher than%.	91. The recommended method to avoid sinus squeezes and reverse blocks is to:
A. Be closer than 10 meters/30 ft	A. 36	
B. Be negatively buoyant	B. 40	<ul> <li>A. Only use decongestants that do not produce side effects</li> </ul>
C. Dive in areas with living organisms	C. 32	B. Forcibly equalize the pressure in your sinuses every few meters
D. Trample anything	D. 21	C. Dive only when your sinuses are healthy and clear
80. Which plants make up more than 99% of the bulk of the plants produced in the oceans?	86. Breathing 0.5% carbon monoxide at a depth of 40m in the ocean is equivalent to breathing% of carbon monoxide at the surface.	D. Ascend and descend slowly to allow gradual equalization
A. Seaweeds	A. 2.0	92. The most common flags used
B. Phytoplankton	B. 2.5	to show the location of divers underwater are the:
C. Grasses	C. 0.5	
D. Corals	D. 0.25	A. Beta flag and the look-out-below flag
81. A Buoyancy Control System enables you to react quickly to changing conditions while	87. The absolute pressure at a depth of 40 meters in salt water is:  A. 4.084 bar	<ul><li>B. Alpha flag and the safe boaters flag</li><li>C. Recreational diver's flag and the beta flag</li></ul>
providing sufficient:	B. 5.012 bar	D. Recreational diver's flag and the
A. Comfort	C. 4.852 bar	alpha flag
B. Lift capacity	D. 5.000 bar	
C. Styling	D. 5.000 Bui	93. If a diver suffers DCS in a remote location, you should:
D. Clips	88. Nitrogen narcosis begins to affect	A. All answers are correct
02. A., i.,	the average diver at a depth of:	B. Provide oxygen first aid
82. An incoming tide is called a and an outgoing tide is called an 	A. 12-14 meters	C. Transport the diver to a
	B. 18-30 meters	treatment facility even if that
A. Rush; flow	C. 24-36 meters	involves considerable delay
B. Flow; rush	D. 30-42 meters	D. Provide water to drink
C. Ebb; flood	89. Assuming a maximum partial	94. A strong current moving away from
D. Flood; ebb	pressure limitation of 1.4 bar, the maximum depth for a 32% nitrox	shore through a narrow opening is called a:
83. A current may flow one direction	mixture is of seawater.	A. Surge tide
at the surface and in the opposite direction a few meters beneath the	A. 20 m	B. Rip tide
surface.	B. 43.7 m	C. Longshore current
A. True	C. 66 m	D. Transitory current
B. False	D. 33.7 m	
C.		

D.



A. A	
В. В	
C. C	
D. D	
98. What would your minimum surface interval be if you wanted to make two dives to 18 meters for 30 minutes each?	
A. 1:16	
B. 2:00	
C. 2:39	
D. 2:29	
99. After a surface interval, you are a D diver. You wish to make a dive to 13 meters. What is your Residual Time (RT)?	
A. 45	
B. 33	
C. 29	
D. 21	
100. What is the maximum allowed time on a dive to 16 meters after a dive to 22 meters for 30 minutes and a 1:45 surface interval?	
A. 45 minutes	
B. 35 minutes	
C. 20 minutes	
D. 30 minutes	SCUBA SCHOOLS INTERNATIONAL
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95. The percentage of oxygen needed in a gas mixture for a diver to maintain consciousness at sea level

**96.** Sponges can be recognized by the presence of \_\_\_\_\_, attesting to the circulation of water throughout

**97.** After a 2:45 minute surface interval as a group D diver, what is your new group designation?

their bodies.

A. Holes

B. Bumps

C. Leaves

D. Branches

is:
A. 5%
B. 16%
C. 20%
D. 10%